

**30 RIDERS...
3 DAYS**

Nov 14 -16 2016

**Project
Discovery
Classic**

**Sponsored
by**



**THE
INTERNATIONAL
SPINE CENTRE**

www.theinternationalspinecentre.com

**NEIL SACHSE
FOUNDATION**

141 Ifould Street, Adelaide
T 8227 1777 | E contact@nsf.org.au

The 2016 NSF Project Discovery Classic will head to the Barossa, 3 days and 370 kilometres of cycling beauty. With two days based at the Novotel in Tanunda our riders will experience the region in all its finery.



NEIL WITH PHIL LIGGETT

Forty years ago Neil Sachse was a young man when he was injured playing Australian rules football with Footscray (now Western Bulldogs).

He never walked again. Neil lives for the day that people with spinal cord injury **will walk again** and as a result he established the Foundation.



20 years on, after many successes in research and education the foundation together with South Australian Health & Medical Research Institute (SAHMRI) has established **Project Discovery** - a three year research program requiring \$1M to complete.



EDUCATION

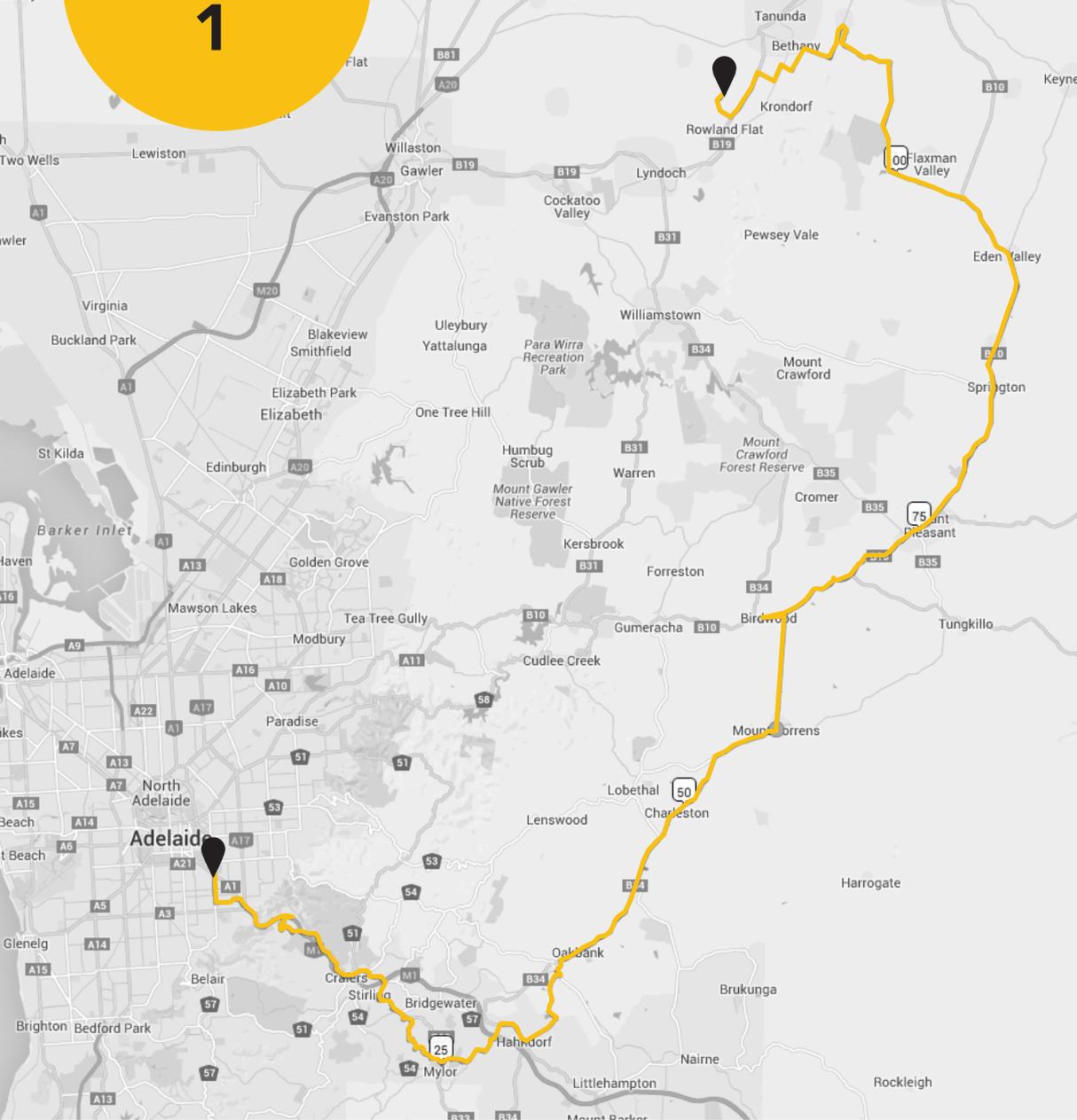
- PREVENTION
- EMPOWERMENT
- NATIONAL CONFERENCE
- GLOBAL SUMMIT
- SPONSORED LECTURES
- CARERS DAY

RESEARCH

- CURE FOR SPINAL CORD INJURY
- PROJECT DISCOVERY
- COLLABORATE WITH RECOGNISED EXPERTS IN THEIR FIELD
- PAIN - A NEW DIRECTION

**DAY
1**

ADELAIDE TO TANUNDA



DISTANCE

123.1 km

ELEVATION

+ 1465 / - 1283 m

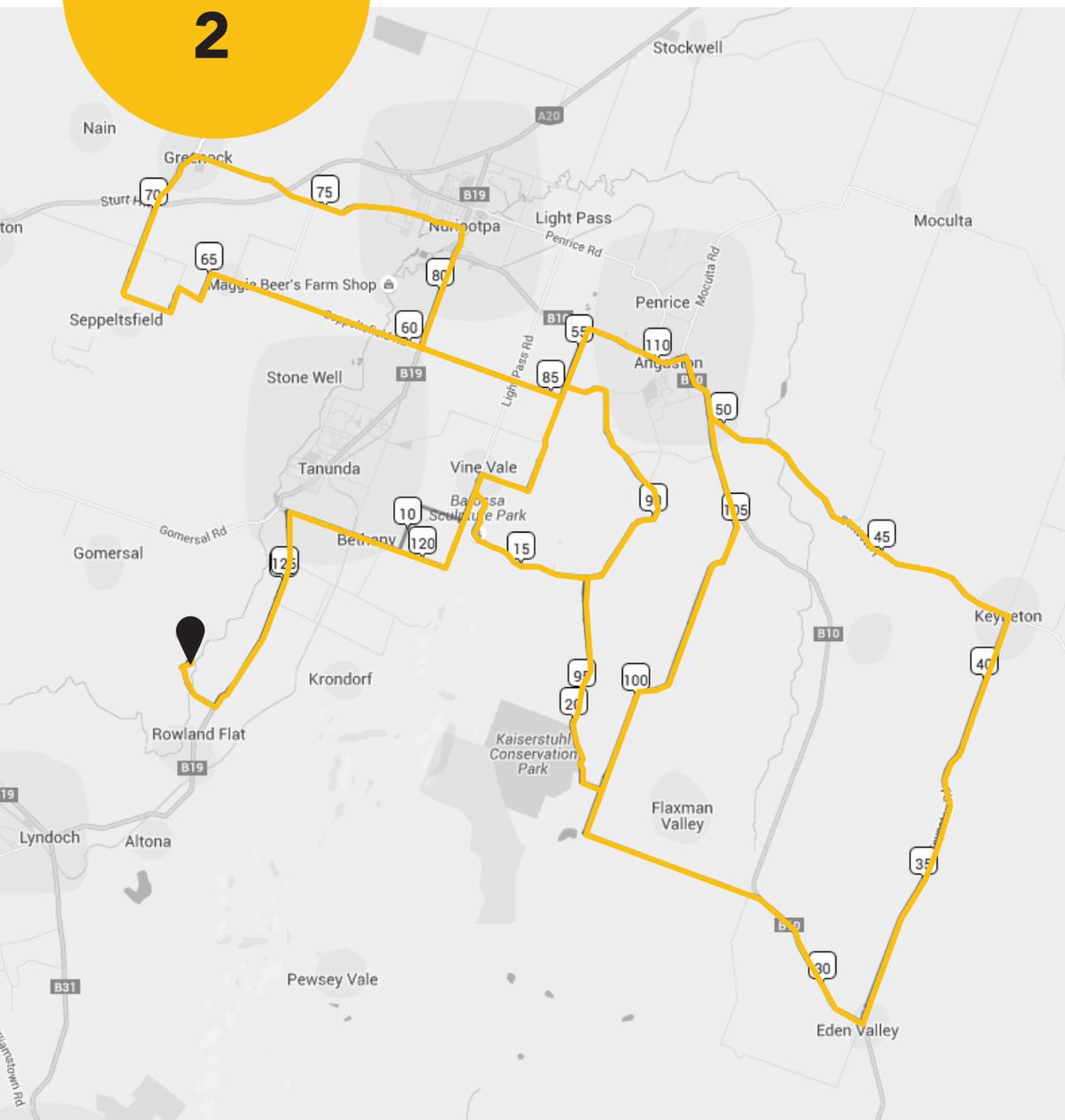


<http://ridewithgps.com/routes/11257437>

The 'Grand Depart' will be from the The Arkaba Hotel (front car park), 150 Glen Osmond Rd, Fullarton, SA on Monday November 14. Today's journey of 123k's will see us head up the Freeway and out to Woodside via Mylor and the scenic Aldgate Valley Road. Lunch sees us stop at Birdwood (the half way mark of today's stage) before rolling the final 65 kilometres to our accommodation in Tanunda.

DAY 2

BAROSSA VALLEY LOOP



DISTANCE

130.0 km

ELEVATION

+ 1299 / -

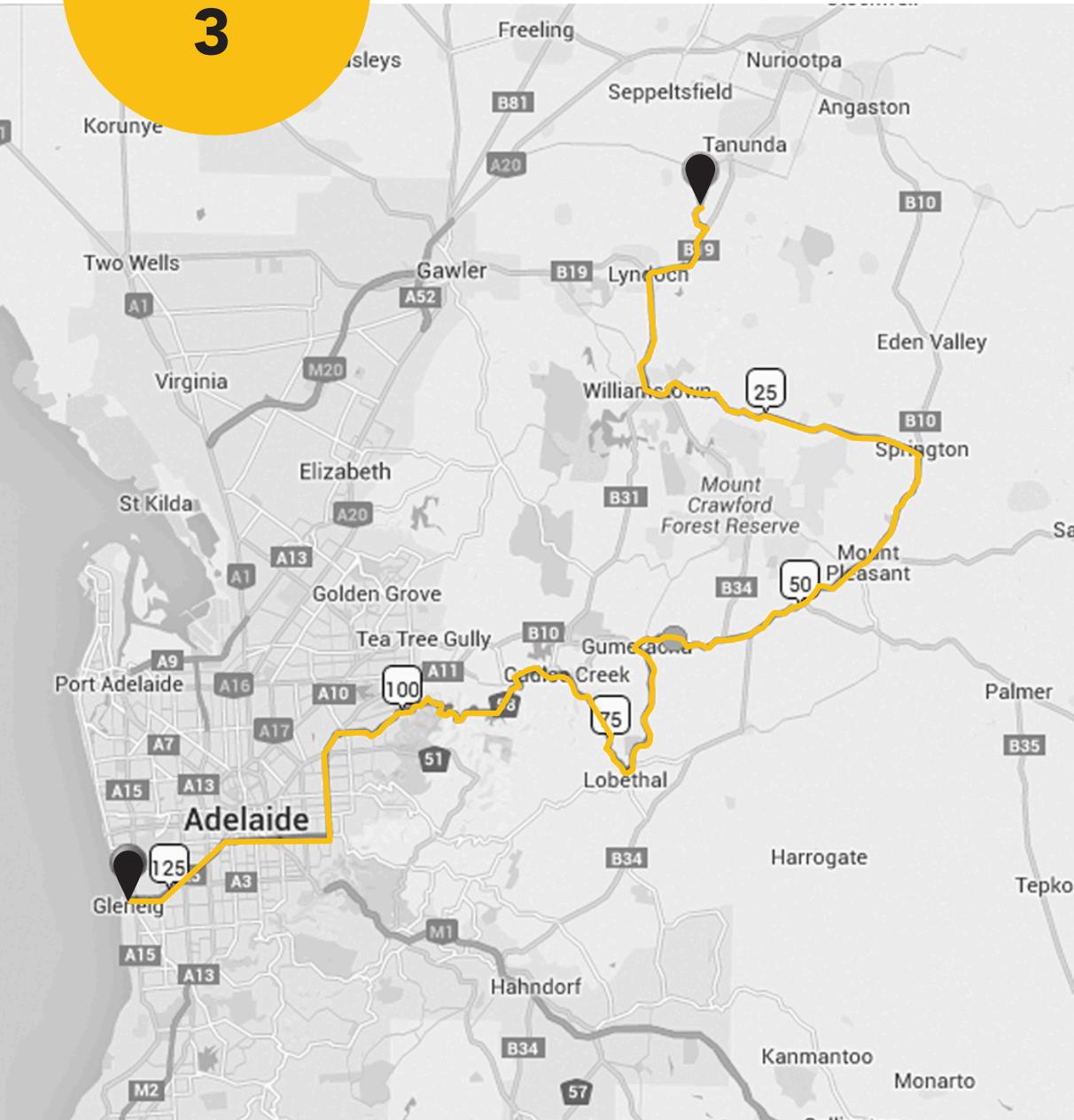


<http://ridewithgps.com/routes/8037708>

This day is a beauty! With 2 climbs of Mengler Hill before lunch (which will be on the magnificent grounds of Yalumba Winery) the peloton rolls around the Barossa taking in the towns of Eden Valley, Keyneton, Angaston (where we stop for morning coffee), Greenock, Seppeltsfield and Nuriootpa. Get out your go pro's for the ride along Tanunda Creek Road – it is the favourite piece of bitumen for the locals.

**DAY
3**

TANUNDA TO ADELAIDE



DISTANCE

127.8 km

ELEVATION

+ 1123/ - 1361m



<http://ridewithgps.com/routes/11257468>

A road well travelled for stage 3 – our return leg. Food drink and celebration awaits the team at The Watermark Hotel after 120 kilometres of fine riding on roads that play host to the best riders in the world during the Tour Down Under. No KOMs today but a sprint or two beckons as we approach the towns of Gumeracha and Lobethal – also our spot for lunch and refueling. We then head home via the Gorge before reassembling on the outskirts of the city to complete the final 15 kilometres as a unified team.

MEET THE STAFF



STEPHEN SANDERS

Owner/Manager of our event organisation, Redline Cycling, Stephen has years of cycling experience as both a recreational rider and event manager. Often ducking over to Europe to ride the famous cobbles and climbs of the world's greatest races Stephen will ensure we ride as a team and make the most of our experience together.

Charlie was the national coach for the Australian Cycling from 1980 to 2001. He oversaw Australia's rise from 30th in world track cycling to number one in 1993 and 1994. Over his career as coach, Australia won two Olympic gold medals, nine silver, nine bronze and ten world titles. He coached Michael Grenda, Mike Turtur, Dean Woods, and Kevin Nichols to win the 4,000m team pursuit at the 1984 Summer Olympics. This was seen as a turning point in Australian cycling at world level.

Charlie won more than 1,000 times in 25 years of racing at national and state level, including the Austral Wheel Race in 1969 on a 50yd handicap!

In 1987 Charlie received an Order of Australia Medal (OAM) for service to cycling as national coaching director. Three years later in 1990 he was awarded the status of World Coach by the Union Cycliste Internationale. He has won nine awards as Australian Coach of the Year for all sports, and was awarded the Australian Sports Medal on 14 July 2000.



CHARLIE WALSH



MAL MORRIS

For all that Charlie has achieved in the sport of cycling Mal has been his right hand man! Well-travelled Mal is now the soigneur for the SASI cycling team as well as having the same level of involvement with the SASI kayaking and swimming teams. Mal has worked the Tour Down Under for many years as the assistant to the Chief Doctor and is a qualified Sports Trainer. He will also assume the role of 'Manager – Social Activities' for us on our journey! If SBS has 6 million stories and counting, Mal has seven million tales to tell - and still counting... most centre on the Australian Cycling Team when Charlie was in charge... History says Mal WILL get us lost!

Andy is an unbelievably fit 57 year old strong man of the bunch and has been nursing for 40 years, cycling for 20 years (mainly for fitness) but he has done the odd race. His claim to fame in his cycling is finishing 2nd at the 2011 Tour of the Riverland.

His nickname is Moose, but we are sure he's been called plenty of other things as well. In recent times Andy has been a soigneur with SASI and Euride racing in the National Road Series.



ANDY HOLMESBY



GEORGE WILSON

George Wilson rides takes control of the peloton at the pointy end! Lead rider George is tasked with keeping pace high, smashing hills, crushing strava segments - but all with a focus on safety. Ok, not really – but George will keep the group together and as lead rider have a great understanding of the route through the Adelaide Hills. In his spare time George, through his company Unique cycling Tours hosts cycling trips to Europe during the Australian winter months.

SPONSORS INFORMATION



SPONSORS

PROPOSED BIKE RIDE SPONSORSHIP

PLATINUM

(\$10,000 plus GST)

Includes 2 riders.

Your logo on the riding Lycra strip and support vehicle.

High rotation of your company name and logo on the large screen at Arkaba breakfast.

Four seats at the breakfast at Arkaba at the beginning of the ride.

Opportunity to distribute your company collateral at the Arkaba breakfast.

Extensive exposure on the Neil Sachse Foundation Website with links to your website.

GOLD

(\$5,000 plus GST)

Includes 1 rider.

Your logo on the riding Lycra strip and support vehicle.

High rotation of your company name and logo on the large screen at Arkaba breakfast.

Four seats at the breakfast at Arkaba at the beginning of the ride.

Opportunity to distribute your company collateral at the Arkaba breakfast.

Extensive exposure on the Neil Sachse Foundation Website with links to your website.

SILVER

(\$3,000 plus GST)

Your logo on the riding Lycra strip and support vehicle.

Rotation of your company name and logo on the large screen at Arkaba breakfast.

Two seats at the breakfast at Arkaba at the beginning of the ride.

Opportunity to distribute your company collateral at the Arkaba breakfast.

Exposure on the Neil Sachse Foundation Website with links to your website.

BRONZE

(\$1,500 plus GST)

Your logo on the riding Lycra strip and support vehicle.

Two seats at the breakfast at Arkaba at the beginning of the ride.

Rotation of your company name and logo on the large screen at the Arkaba Hotel.

Exposure on the Neil Sachse Foundation Website with links to your website.

SPONSORSHIP TERM

The term of the agreement commences at the execution of this contract and finishes at the conclusion of the media exposure in the aftermath of the ride.

Execution

Signed:

Name:		Position:		Date:	
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For an on behalf of the sponsor.

Signed:

Name:		Position:	
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For an on behalf of the Neil Sachse Foundation.

RIDERS

INFORMATION

There will be a maximum number of 30 riders and each rider is expected to raise at least \$3,000. The person who raises the most money will receive a special one off outfit for the ride which will distinguish the rider from the rest.



HOW TO GET ON BOARD

AND RIDE THE JOURNEY WITH US

- 1** Register to ride (forms attached) and pay the registration fee (\$800)
BSB: 633000
Acct Number: 126391820
Account Name: Neil Sachse Foundation
Email confirmation to contact@nsf.org.au
 - 2** Fundraise a minimum of \$3000 – Remembering this is a charity event we encourage you to reach the goal before we roll out on day one
 - 3** Have available a supply of spare tubes and tyres (which will be carried in a supply vehicle)
 - 4** To have your own helmet (and we recommend gloves!)
 - 5** Have a bike in excellent working condition
 - 6** Have your own private health cover or other personal injury insurance.
 - 7** To bring visible wet weather gear (which can be packed in the vehicle)
 - 8** To be physically ready!
 - 9** To bring with you a positive attitude!
 - 10** Have the ability to work as a team – bring some resilience, hardiness and a great ethic
 - 11** And to get yourself to the start point, on the first day – And get yourself home from the finish line!
-

OUR COMMITMENT TO YOU IS TO PROVIDE A SAFE, FUN AND CHALLENGING RIDE.

All meals/drinks/gels and accommodation are covered. Dinner is supplied on the 2 nights we are away (Drinks over dinner are not covered)

You receive a 'Ride name' Limited edition jersey

We provide a secure website for the purpose of fundraising

We inform all councils and the SA Police of our route

We will ensure all kits are laundered nightly

Maps and elevation diagrams will be supplied to all riders

Information booklet will be provided to all riders with all contact details for key persons and contacts along the route.

Accommodation is 5 star

Daily updates of your ride will be fed through social media sites such as facebook and twitter and updated photos will appear daily on nsf.org.au

Spare wheels are available to keep the group rolling. Punctures will be repaired during feed stops

The only time we will not ride is when cyclist safety is at risk

ACCOMMODATION

Novotel Barossa Valley Resort is a restful haven nestled among the vines, an hour from Adelaide.

Located adjacent to the 18 hole Tanunda Pines Golf Course and boasting panoramic views across the Barossa Ranges and Jacobs Creek Vineyards, the hotel offers 140 well equipped apartments with private balconies, plus an array of leisure facilities including an outdoor pool, a fitness centre, tennis court, an endota day spa and The Tasting Room, an experiential retail outlet offering daily wine tasting.

HOW YOU CAN FUNDRAISE

Your fundraising can be efficient and time saving with MyCause. You can see the real impact of your ride on our event and track your fundraising progress against other participants. Take your supporters on your fundraising journey and show them just how much effort you are giving to the Neil Sachse Foundation and Project Discovery. You can register with the Project Discovery Classic event at www.mycase.com.au/events/projectdiscoveryclassic



PLEASE FILL OUT FORM AND POST OR EMAIL TO: CONTACT@NSF.ORG.AU

Name

Date of Birth.....

Address

Suburb Post Code

Phone

Email

Emergency contact name

Emergency contact number

Please explain any medical conditions that you suffer from:

.....
.....

Do you have any special dietary needs?

.....
.....

Jersey Size (sizing, please circle) S M L XL XXL XXXL

FAIR TRADING REGULATIONS 2010 - SCHEDULE 1

Form 1—Recreational services—Exclusion, restriction or modification of rights under the Australian Consumer Law (SA)

Your rights:

Under sections 60 and 61 of the Australian Consumer Law (SA), if a person in trade or commerce supplies you with services (including recreational services 1), there is—

- a statutory guarantee that those services will be rendered with due care and skill; and
- a statutory guarantee that those services, and any product resulting from those services, will be reasonably fit for the purpose for which the services are being acquired (as long as that purpose is made known to the supplier); and
- a statutory guarantee that those services, and any product resulting from those services, will be of such a nature, and quality, state or condition, that they might reasonably be expected to achieve the result that the consumer wishes to achieve (as long as that wish is made known to the supplier or a person with whom negotiations have been conducted in relation to the acquisition of the services).

Excluding, restricting or modifying your rights:

Under section 42 of the Fair Trading Act 1987 , the supplier of recreational services is entitled to ask you to agree to exclude, restrict or modify his or her liability for any personal injury suffered by you or another person for whom or on whose behalf you are acquiring the services (a third party consumer).

If you sign this form, you will be agreeing to exclude, restrict or modify the supplier's liability with the result that compensation may not be payable if you or the third party consumer suffer personal injury.

2 . IMPORTANT

You do not have to agree to exclude, restrict or modify your rights by signing this form.

The supplier may refuse to provide you with the services if you do not agree to exclude, restrict or modify your rights by signing this form. Even if you sign this form, you may still have further legal rights against the supplier.

A child under the age of 18 cannot legally agree to exclude, restrict or modify his or her rights.

A parent or guardian of a child who acquires recreational services for the child cannot legally agree to exclude, restrict or modify the child's rights.

Agreement to exclude, restrict or modify your rights:

I agree that the liability of Neil Sachse Foundation for any personal injury that may result from the supply of the recreational services that may be suffered by me (or a person for whom or on whose behalf I am acquiring the services) is excluded.

Name:

Signature:

Date:

Signature of witness:

Name of Witness:

Address of Witness:

.....

Witness Phone Number:

Definitions

1 *Recreational services are services that consist of participation in—*

- *a sporting activity or similar leisure-time pursuit; or*
- *any other activity that involves a significant degree of physical exertion or risk and is undertaken for the purposes of recreation, enjoyment or leisure.*

2 *Personal injury is bodily injury and includes mental and nervous shock and death.*

FURTHER INFORMATION:

Further information about your rights can be found at www.ocba.sa.gov.au

RISK WARNING:

Participating in long distance cycling has certain risks associated with it, especially if the participant is trying to ride greater distances than he or she normally does, or if the weather conditions on the day are particularly adverse. Along with the usual risks of riding potential risks include but are not limited to:

PHYSICAL EXHAUSTION, MUSCLE CRAMPS, HEART FAILURE AND FALLS; DANGERS ASSOCIATED WITH COLLISIONS WITH OTHER PARTICIPANTS, VEHICLES, PEDESTRIANS, SPECTATORS, VOLUNTEERS OR FIXED OBJECTS; DANGERS ARISING FROM SURFACE HAZARDS AND EQUIPMENT FAILURE; AND RISKS POSED OR CREATED BY OTHER PARTICIPANTS, SPECTATORS AND/OR VOLUNTEERS. INJURIES RESULTING NOT ONLY FROM YOUR ACTIONS BUT ALSO FROM THE ACTION, OMISSION OR NEGLIGENCE OF OTHERS

By entering in any Neil Sachse Foundation Ride I agree to the following terms in addition to the Australian Consumer Law Form 1 Waiver:

1. I hereby agree to comply with all the rules and regulations and event instructions of Neil Sachse Foundation and any event managers.
2. I hereby release any/all claims I may have against Neil Sachse Foundation, its events committee, their officers, directors, members, volunteers, employees or any one or more of them or their executors, including any of them arising out of my participation in the event and its related activities, together with any costs including legal fees that may be incurred as a result of any such claim whether valid or not, and indemnify and hold harmless each of them against any such claim that I may have or assert against any them.
3. I hereby acknowledge that I have sole responsibility for the security of my personal possessions and cycling equipment during the event and its related activities. Neil Sachse Foundation will not be liable for replacement of any personal possessions.
4. I hereby acknowledge that participation in the event carries with it potential hazard. I therefore release Neil Sachse Foundation from any liability resulting from injury or death during the event and its related activities.
5. I hereby attest and verify that I am physically fit and have sufficiently trained for this competition.
6. I hereby consent to receive medical treatment including ambulance transportation, which may be deemed advisable in the event of injury, accident and/or illness during the event.
7. I have provided on my entry form details of any medical or physical conditions from which I suffer that might affect my performance or be relevant if medical treatment is needed. I accept the risk of participating despite these conditions. I have supplied an emergency contact name and number. This person is contactable both during and after the event and is not another participant.
8. I have my own private health cover or other personal injury insurance for the event.
9. I understand that my entry is non-transferable.
10. Event organisers may change the event format, course or other conditions at their discretion. If that occurs, this agreement applies to the changed conditions.
11. Neil Sachse Foundation reserves the right to cancel or postpone the event due to adverse weather conditions, which may deem the course unsafe. In the event of cancellation or postponement (by either party) there will be no refund of entry fee.
12. I agree to abide by all rules and directions issued by the event organiser and/or the relevant governing body.
13. The event is being photographed. By attending the event I consent to having my photo taken. The photographs may be used for the purposes of advertising, editorial or other promotional work.

I REPRESENT AND WARRANT THAT I AM AT LEAST EIGHTEEN (18) YEARS OLD AND I HAVE FULL LEGAL AUTHORITY TO COMPLETE THIS FORM ON BEHALF OF MYSELF.





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